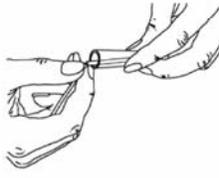
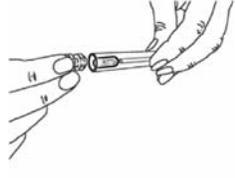


**Instructions for use of Isohelix SK1 Swabs with silica gel capsules**

Take your DNA sample at least one hour after eating, drinking or cleaning your teeth.

<p><b>1</b></p> 	<p>Pull open the package from one end.</p>
<p><b>2</b></p> 	<p>Remove one of the swabs from the tube.</p>
<p><b>3</b></p> 	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower or upper lip. For standard DNA collection, rub for approximately 15 seconds. For maximum DNA collection, rub for 1 minute and expand the sampling area. Important – use reasonable firm and solid pressure.</p>
<p><b>4</b></p> 	<p>Place the swab back into the tube. Do not touch the brush with your fingers.</p>
<p><b>5</b></p> 	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
<p><b>6</b></p> 	<p>Remove the silica gel capsule from the foil wrapper and place in the tube so that the capsule sits on top of the swab shaft. Seal the tube securely with one of the caps.</p>

13.04.07

Note: The fresh silica gel is coloured orange and turns green when moisture is absorbed. In the event that the capsule is coloured green on removal from the foil pack, this indicates that the capsule has already been exposed to moisture and is not suitable for use.